

OPD LIST

10.03.2026

DEPARTMENT	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GENERAL MEDICINE	Dr Archana Bhat Dr Swapna P K Dr Jeffrey Lewis Dr Shruthi Ashok Pai Dr Saveria Pinto Dr Anil D Souza	Dr Smitha Bhat Dr Supriya P S Dr Ganesh Nayak S Dr Lishal Anisha Misquith Dr Kripa Bridgett D Sa	Dr Prasanth.Y.M Dr Veenaa Jasmine Pinto Dr Tushar Gopalakrishna Dr Jeena John Dr Raksha Sallian Dr Ranish Deelan Saldanha	Dr Venkatesha B. M. Dr Anoop Joseph Dr Debara Sona Dsilva Dr Akshay Louis Dias Dr Vijaya Maria Colaco K Dr Aaran Jovin Mathias	Dr Roshan M Dr Anoop Joseph Dr Spoorthi Ashok Pai Dr Renier Borges Dr Chrisel Sequeira	Dr Akshatha Rao Aroor Dr Srikrishmi M Prabhu Dr Raina D Souza Dr Akshath A Hegde
GENERAL SURGERY	Dr Erel Anil Isidore Diaz Dr Reshmina C Clara D Souza Dr Martis Manohar Hadrian Mark Dr Grancy Vijayraj Monteiro	Dr John Joseph S Martis Dr Prathivi Shetty Dr Vishnu V K Dr Frana D Souza	Dr Leo Francis Taurro Dr Rohan Dsouza Dr Jeevan Kumar Dr N B Anantha Dr Linette Pearl Mathias	Dr Rakesh Rai A Dr Shankar Gururaj Kollampare Dr Kevin Alfred Samuel Dr Niveda R R Dr Ayush Shetty	Dr Clement R S D Souza Dr Vinoda Kumar B Dr Archana Sridhar Shet Dr Mayur Nagaraj Sirsakar Dr Yashna Gopinath Shetty	Dr Shubha N Rao Dr Sheldon George Mathias Dr Vishnu P S Dr Jason Andrade Dr Suraj Mackson Pinto
OBG	Dr Mahesha Navada H Dr Prathima Prabhu Dr Chethana Bolanthakodi Dr Venita Roshal Fernandes Dr Jyotsna Mirabel Coelho Dr Thameeza Farhath	Dr Sujaya V Rao Dr Joylene Diana D Almeida Dr Ektha M Shetty Dr Vismaya Kaveri Dr Diya Mathen Dr Lisa Melita Pinto Dr Aysha Dr Nismitha Rodrigues	Dr Deepa Kanagal V Dr Shannon Francesca Fernandes Dr Alveera D Souza Dr Ambika Hegde Dr Nikitha James	Dr Mahesha Navada H Dr Shannon Francesca Prabhu Dr Chethana Bolanthakodi Dr Venita Roshal Fernandes Dr Jyotsna Mirabel Coelho Dr Thameeza Farhath Dr Aysha Dr Nismitha Rodrigues	Dr Sujaya V Rao Dr Joylene Diana D Almeida Dr Ektha M Shetty Dr Vismaya Kaveri Dr Diya Mathen Dr Lisa Melita Pinto Dr Aysha Dr Nismitha Rodrigues	Dr Deepa Kanagal V Dr Shannon Francesca Fernandes Dr Alveera D Souza Dr Ambika Hegde Dr Nikitha James
PAEDIATRICS	Dr Anil Shetty Dr Praveen B K Dr Kamhalabettu Zohara Parveen Dr Jason Glen I D Souza Dr Joyce Sharyl D Souza	Dr Shreedhara Avabratha Kadke Dr Rashmi Alva Dr Praveen Nayak K Dr Sweta Shanbhag Dr Shreya G Shenoy	Dr Pavan Hegde Dr Habeeb Ullah Khan Dr Preetham Philip Taurro Dr Jennifer Vinitha Dalmeida	Dr Anil Shetty Dr Praveen B K Dr Kamhalabettu Zohara Parveen Dr Jason Glen I D Souza Dr Joyce Sharyl D Souza	Dr Shreedhara Avabratha Kadke Dr Rashmi Alva Dr Praveen Nayak K Dr Sweta Shanbhag Dr Shreya G Shenoy	Dr Pavan Hegde Dr Habeeb Ullah Khan Dr Preetham Philip Taurro Dr Jennifer Vinitha Dalmeida
ALLERGY ASTHMA & CHEST PEDIATRIC HEMATO ONCO NEONATOLOGY CLINIC HIGH RISK/ WELL BABY PERINATOLOGY	Dr Jaidev M D Dr Chandana Pai Dr Praveen B K	Dr Praveen Nayak K	Dr Jaidev M D Dr Chandana Pai	Dr Chandana Pai		Dr Jaidev M D
ORTHOPAEDICS	Dr Ronald Joseph Menezes Dr Harsharaj K Dr Calvin Troy Christopher Fernandes Dr Sourabh N Chiplunkar	Dr Prashant Upendra Acharya Dr Kotedadi Ramprasad Rai Dr Amith Sridhar Alankar Dr Akash Bhat M	Dr Vivian Roshan D' Almeida Dr Ashwin Kamath Dr Wilbur Leander Cutinho Dr Alfred Manoj Lobo	Dr Ronald Joseph Menezes Dr Calvin Troy Christopher Fernandes Dr Sourabh N Chiplunkar	Dr Prashant Upendra Acharya Dr Kotedadi Ramprasad Rai Dr Amith Sridhar Alankar Dr Akash Bhat M	Dr Vivian Roshan D' Almeida Dr Ashwin Kamath Dr Wilbur Leander Cutinho Dr Alfred Manoj Lobo
SPINE SURGERY	Dr Mrinal B. Shetty/Dr Daivik T Shetty		Dr Mrinal B. Shetty/Dr Daivik T Shetty		Dr Mrinal B. Shetty/Dr Daivik T Shetty	
HAND & MICRO SURGERY		Dr Latheesh Leo/Dr Shruthi Kanth S		Dr Latheesh Leo/Dr Shruthi Kanth S		Dr Latheesh Leo/Dr Shruthi Kanth S
PSYCHIATRY	Dr Siddharth Shetty A Dr Chandini Dr Akshwarya Rao Dr Justin Shawn Jason Dr Siby A M	Dr Aruna Yadiyal Dr Rashmi A Dr Keerthana Nayak Dr Prina Clarissa Crasta	Dr Supriya Raghavendra Rao Aroor Dr Rahul Rao M Dr Divya R Nair Dr Clinton Castelinio Dr Vaishnavi Ballal	Dr Siddharth Shetty A Dr Chandini Dr Akshwarya Rao Dr Justin Shawn Jason Dr Siby A M	Dr Aruna Yadiyal Dr Rashmi A Dr Keerthana Nayak Dr Prina Clarissa Crasta	Dr Supriya Raghavendra Rao Aroor Dr Rahul Rao M Dr Divya R Nair Dr Clinton Castelinio Dr Vaishnavi Ballal
DERMATOLOGY	Dr Jacintha Martis Dr Rochelle Cheryl Monteiro Dr Jyothi Jayaraman Dr Prajna Shetty Dr Sushmitha K Dr Nagbhushan Hegde Dr Divya Mandonna D Souza	Dr Michelle Serene Fernandes Dr Ramesh Bhat M Dr Kiran Dr Sonal Fernandes Dr Rahul Nayak Dr Jerome Joseph Dr Swathi N	Dr Jacintha Martis Dr Rochelle Cheryl Monteiro Dr Jyothi Jayaraman Dr Prajna Shetty Dr Sushmitha K Dr Nagbhushan Hegde Dr Divya Mandonna D Souza	Dr Michelle Serene Fernandes Dr Ramesh Bhat M Dr Kiran Dr Prajna Shetty Dr Sushmitha K Dr Jerome Joseph Dr Swathi N	Dr Jacintha Martis Dr Rochelle Cheryl Monteiro Dr Jyothi Jayaraman Dr Prajna Shetty Dr Sushmitha K Dr Nagbhushan Hegde Dr Divya Mandonna D Souza	Dr Michelle Serene Fernandes Dr Ramesh Bhat M Dr Kiran Dr Sonal Fernandes Dr Rahul Nayak Dr Jerome Joseph Dr Swathi N
ENT	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Deekshith Shetty Dr Blessy B Prabha	Dr Vinay Vaidyanathan Rao Dr Mahesh Tulasidas Bhat Dr Gitanjali Ajit Deshpande Dr Sana Dr Adhyasha Surendran	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Mahesh Tulasidas Bhat Dr Gitanjali Ajit Deshpande Dr Sana Dr Adhyasha Surendran	Dr Vinay Vaidyanathan Rao Dr Savita Lasrado Dr Mahesh Tulasidas Bhat Dr Gitanjali Ajit Deshpande Dr Sana Dr Adhyasha Surendran	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Deekshith Shetty Dr Blessy B Prabha	Dr Vinay Vaidyanathan Rao Dr Mahesh Tulasidas Bhat Dr Gitanjali Ajit Deshpande Dr Sana Dr Adhyasha Surendran
OPHTHALMOLOGY	Dr Sarita R J Lobo Dr Vinay P G Dr May D Souza Dr Dilon Denis Noronha Dr Nagarjun P	Dr Sunayana Bhat Dr Sripathi Kanath B Dr Madhurima A Nayak Dr Akshata Charlotte	Dr Sarita R J Lobo Dr Vinay P G Dr May D Souza Dr Dilon Denis Noronha Dr Nagarjun P	Dr Sunayana Bhat Dr Sripathi Kanath B Dr Madhurima A Nayak Dr Akshata Charlotte	Dr Sarita R J Lobo Dr Vinay P G Dr May D Souza Dr Dilon Denis Noronha Dr Nagarjun P	Dr Sunayana Bhat Dr Sripathi Kanath B Dr Madhurima A Nayak Dr Akshata Charlotte
CARDIOLOGY	Dr H. Prabhakar / Dr Ashoka Dr Anand K. T Dr Suresh Pai (ON CALL)	Dr Pradeep Pereira	Dr Jostol Pinto	Dr H. Prabhakar / Dr Ashoka Dr Anand K. T	Dr Pradeep Pereira	Dr Jostol Pinto
Cardio thoracic surgery						
DENTAL	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai
ENDOCRINOLOGIST	Dr Sudeep K/Dr Sakinya Hegde	Dr Sudeep K/Dr Sakinya Hegde	Dr Sudeep K/Dr Sakinya Hegde	Dr Sudeep K/Dr Sakinya Hegde	Dr Sudeep K/Dr Sakinya Hegde	Dr Sudeep K/Dr Sakinya Hegde
Gastroenterology Surgical	Dr Ganesh M K/ Dr Nagarjun Rao H T	Dr Ganesh M K / Dr Sudheer K	OT DAY	Dr Nagarjun Rao H T / Dr Sudheer K	OT DAY	OT Day
Medical Oncology	Dr Nishitha Shetty/ Dr Swasthik Upadhyia P	Dr Dinesh Shet /Dr Prasad Vasanth	Dr Nishitha Shetty / Dr Swasthik Upadhyia P	Dr Dinesh Shet / Dr Prasad Vasanth	Dr Nishitha Shetty / Dr Swasthik Upadhyia P	Dr Dinesh Shet /Dr Prasad Vasanth
Nephrology	Dr Manjunath J	Dr Amith V L D Souza	Dr Ashwin S P	Dr Amith V L D Souza	Dr Manjunath J	Dr Ashwin S P
NEURO SURGERY	OT DAY	Dr Geover Joslen Lobo	Dr Shashank Sharma	OT DAY	Dr Shashank Sharma	Dr Geover Joslen Lobo
NEUROLOGY	Dr Raghavendra B.S/Dr Vimala Christina Colaco K	Dr Chaitra S P / Dr Shishir Duble	Dr Vimala Christina Colaco K	Dr Chaitra S P	Dr Raghavendra B.S	Dr Shishir Duble
PAEDIATRIC SURGERY	Dr Kishan Shetty/Dr Jayateertha Joshi	OT DAY	Dr Kishan Shetty/Dr Jayateertha Joshi	OT DAY	Dr Kishan Shetty/Dr Jayateertha Joshi	OT Day
Plastic Surgery	Dr Aravind Lakshmana Rao / Dr Karthik Aithal	OT DAY	Dr Alanksha Rajpoot	OT DAY	Dr Aravind Lakshmana Rao / Dr Karthik Aithal	OT DAY
RADIOTHERAPY	Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob	Dr Sandesh Rao B/ Dr Lanisha Jolita Sequeira / Dr Zalfa Abdul Azeez	Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob	Dr Sandesh Rao B/ Dr Lanisha Jolita Sequeira / Dr Zalfa Abdul Azeez	Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob	Dr Sandesh Rao B/ Dr Lanisha Jolita Sequeira / Dr Zalfa Abdul Azeez
Radio Diagnosis	Dr Ram Shenoy Basti / Dr H.B. Suresh/ Dr Krishna Kiran S/ Dr Anto J Ritchie / Dr Berton Craig Monteiro / Dr Mahesh / Dr Siddhant B Shetty/ Dr Jennifer D Souza/ Dr Muralidhar G K/Dr Soujanya Mynalli Braggs/ Dr Carl Prem Trevor Colaco/ Dr Saahvar Shetty/ Dr Zeena D Souza/ Dr Fraser Gomes/ Dr Sreeya Tiwari/ Dr Somasree Manna					
SURGICAL ONCOLOGY	Dr Jaaneshwari Jayaram	Dr Rohanchandra R Gatty / Dr Kumar S Vashist/ Dr Alphonsa Mary Job	Dr Elroy Saldanha	Dr Rohanchandra R Gatty / Dr Kumar S Vashist/ Dr Alphonsa Mary Job	Dr Jaaneshwari Jayaram	Dr Elroy Saldanha
PAIN CLINIC	Dr Anantha Srikrishna Somayaji		Dr Divya Vincent		Dr Anantha Srikrishna Somayaji	
UROLOGY	Dr Suyog Shetty Dr Abheesh Varma Hegde M Dr Shreyas N M	Dr Prashanth Adiga K Dr Nandakishore B Dr Kishan Raj K	Dr Suyog Shetty Dr Abheesh Varma Hegde M Dr Shreyas N M	Dr Prashanth Adiga K Dr Nandakishore B Dr Kishan Raj K	Dr Suyog Shetty Dr Abheesh Varma Hegde M Dr Shreyas N M	Dr Prashanth Adiga K Dr Nandakishore B Dr Kishan Raj K
Gastroenterology Medical						
RESPIRATORY MEDICINE	Dr Srishankar / Dr Dharma U Shetty	Dr Ajith P A / Dr Carishma S	Dr Srishankar / Dr Ajith P.A	Dr Dharma U Shetty/ Dr Carishma S	Dr Srishankar / Dr Carishma S	Dr Ajith P A/Dr Dharma U Shetty
Rheumatology	Dr Sahana G	Dr Sahana G		Dr Sahana G	Dr Sahana G	
Interventional Radiologist	Dr Leonon Jason Dsouza/ Dr Mandeep Sagar G T/ Dr Ariharjan K					
Clinical Psychology	Ms. S. Malarmathi	Mrs Deeksha Ekanand	Ms. S. Malarmathi	Mrs. Deeksha Ekanand	Ms. S. Malarmathi	Mrs. Deeksha Ekanand
Psychiatric Social Worker	Mrs. Devi Venugopal	Ms Suvina Sushanthi Soans	Mrs. Devi Venugopal	Ms Suvina Sushanthi Soans	Mrs. Devi Venugopal	Ms Suvina Sushanthi Soans